



VNA Private Care...Your Added Support at Home

Home health care is a vital part of your recuperation, health and safety, but utilizing VNA Private Care services can give you added support while recovering at home or even after your home health services are completed. Private care is non-skilled care that focuses on helping you with daily tasks. As a homebound patient, it is common to need help with everyday activities like bathing, running errands or cooking. Private care can help. As a self-paid service, you have the flexibility to determine how much or little help you need. Some of the services private care offers include:

- Assistance with bathing and dressing
- Cooking and meal preparation
- Transportation to and from medical appointments
- Errand service and grocery shopping
- Light housework
- Companion care

**Call us for more information
on VNA Private Care services**

**Brevard County: 321.752.7550
Indian River County: 772.778.0159**



www.vnatc.com

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445 24th Street, Suite 300
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391 Commerce Pkwy., Suite 240
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VISITING NURSE ASSOCIATION Home Health



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For VNA, providing the highest quality care is our mission. Patients who are leaving the hospital, have recently had a surgery or have been diagnosed with a chronic illness may benefit from home health services to help recuperate in the comfort of home.

Home health is short-term, intermittent care, and our trusted nurses and therapists provide care and education so you can recuperate and return to normal living. A physician's referral is needed for home health care services, and patients always have the right to choose which agency they would like to provide their care.

VNA Home Health services include:

Skilled Nursing

- Post-surgical treatment
- Cardiac care
- Wound and ostomy care
- IV administration
- Administering medication IVs and injections
- Disease and medication management
- Catheter care
- Telehealth

Therapy

- Occupational therapy
- Physical therapy
- Speech therapy
- Memory exercises
- Fall prevention
- Balance improvement
- Mobility assistance

Education

- Medication and treatment education
- Nutritional education
- Medical equipment training
- Environmental safety and fall prevention

Social Work

- Financial and medical resources
- Medicare and insurance assistance
- Advance Care Planning

"VNA is about caring. It's truly all the good things that nursing is supposed to be about."

– Ron L.

Ask for the VNA

If you've recently been diagnosed with a chronic illness or have an upcoming procedure, ask your physician if home health care is right for you. Home health is covered through the Medicare benefit and VNA will work with your physician to create an individualized care plan to meet your goals.

VNA is a non-profit agency that has decades of experience caring for our community. We provide patient-centered care and our team of trusted nurses, therapists, home health aides and staff are committed to providing you with the highest standard of care.

If you think you may benefit from home health care, call us today to see how we can help you.

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