

There are two cornerstones of the Community Health Screenings and Education, the Group Positive Change Program and Health and Wellness Education Workshops.

The Positive Change Program is offered in group settings in partnership with local community organizations including United Against Poverty, the Substance Awareness Center and Cleveland Clinic's Behavioral Health Center. This program is developed specifically for each group based on a health needs assessment during the first session. VNA nurses develop and lead educational discussion tailored to the group on topics such as disease process, nutrition, exercise, safety and mental well-being.

The Health and Wellness Education workshops are offered in group settings to local organizations and residential communities. These workshops provide free health screening that include blood pressure and blood glucose checks. Additional information on resources and services available in our community are shared to further promote a strong, healthy community.

For more information about the VNA Mobile Health Clinic visit www.vnatc.com or call 772.913.0928. For more information about the Positive Change Program or to schedule a Health and Wellness Education workshop for your community, please call 772.978.5524.

Volunteers

More than 400 dedicated volunteers are at the heart of our organization. If you're looking for a place to give back, we hope you'll join our team of esteemed volunteers. There are many ways to contribute your time and talent, and no specific experience is needed. We offer volunteer training and orientation to make sure you are comfortable and ready to serve. We look forward to meeting you!

**To find out more about how VNA
can help you, call 772.567.5551
or visit www.vnatc.com.**

Support the VNA

VNA is a non-profit organization that has decades of experience caring for our community. Through philanthropic donations the VNA & Hospice Foundation helps sustain our mission of providing care to all and supports programs and initiatives that give our patients the best possible care. To find how you can support VNA through a donation, please visit www.vnatc.org.



**Extensive
background
screenings**



**Insured
caregivers**



**Ongoing
education
for all
caregivers**



www.vnatc.com

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Medicare Certified • Hospice License Issued in 1986

VISITING NURSE ASSOCIATION

Our Services



www.vnatc.com

We're Here For You

All the care you need from one trusted source.

For more than 45 years, VNA has been serving our community with dedication, expertise and love. Our committed team has one purpose: to provide you with premier professional home care ensuring optimal quality of life.

With our unique continuum of care, we are able to care for our community at all stages in life.

Who are we?

We're licensed, bonded and insured nurses, physical therapists, counselors, home health aides and health care professionals who educate, rehabilitate, care and provide support.

- We help you take that first step after a stroke.
- We run errands and make dinner when you can't do it yourself.
- We provide a compassionate heart when it's time to say goodbye.

Home Health

After a surgery, injury, diagnosis of a chronic illness or recent hospital stay, our home health care team will help care for you in the comfort of your own home. Referred by a physician and paid for by Medicare, our nurses and therapists develop a comprehensive plan of care focused on achieving your health goals.

Hospice

Hospice provides compassionate end-of-life care for patients and families. When your doctor approves hospice, Medicare, Medicaid and most private insurances cover the cost of the medical team, hospice related medication, durable medical equipment and supplies. But hospice goes far

"I can't thank you enough for the superior care for my husband. Everybody was so caring and loving and went above and beyond. You made us feel so special in our time of need."

~Lee S.



beyond medical care, it provides emotional and spiritual support as well. Under the direction of a medical director, a team of nurses, home health aides, music therapists, counselors, social workers, chaplains and volunteers guarantee that patients and their families receive the help they need during this difficult time.

And when hospice is elected early, there's more time for patients, caregivers and families to access all the services available. Hospice is provided wherever an individual calls home, whether it's an assisted living facility, nursing home, the hospital or a private residence. When symptoms can no longer be managed at home, VNA Hospice House is a vital resource for Indian River County residents with round-the-clock care.

Private Care

Private care promotes aging safely and comfortably in the home while ensuring peace of mind for loved ones. Our caregivers provide assistance with everyday tasks including transportation to and from appointments, errands, cooking, meal preparation and medication reminders. They also provide more

personal assistance like bathing and dressing, and companionship to avoid feeling isolated. Private care is a self-pay service and tailor-made for so you receive the care you want, when you want it. Private Care is also beneficial when used in conjunction with home health or hospice care to provide respite and assistance between nursing visits.

Community Health Services

VNA's Community Health Services is committed to building a strong and healthy community. We do this in two main ways – the VNA Mobile Health Clinic and our Community Health Screenings and Education.

The VNA Mobile Health Clinic provides affordable health care to anyone in our community who may lack access to affordable health care options, including many young families. Advanced practice registered nurses (APRNs) can examine, diagnose and prescribe treatments and medications for acute illnesses and infections. They also perform school and sport physicals for the youth throughout Indian River County, offer COVID testing, and health screenings.